

First Aid at Work

Level 3 Award (RQF)

Qualification Overview

This course is designed for anyone wanting to become an accredited first aider in the workplace or who requires a requalification following a previous certificate lapsing. All employers are required by law to assess & establish appropriate first aid arrangements in the workplace which should include determining how many first aiders &/or emergency first aid trained personnel you need.

The course allows employers to meet legal obligations under the Health & Safety (First Aid)
Regulations 1981 and the invaluable skills taught on the course will allow you to do deal with first aid situations in both low & high risk work environments. It is valid for three years, although the Health & Safety Executive (HSE) advises that annual refresher training is taken.

The HSE requires you to undertake due diligence checks of the training provider you select. However, as Arley Medical Services training qualifications are issued by AoFA Qualifications, an Ofqual approved awarding body, no timely additional due diligence is necessary.

What is a First Aider?

- Roles & Responsibilities of an FA
- How to minimise infection risk
- Establishing consent for First Aid
- Accident Reporting & RIDDOR
- What equipment does an FA need & use?

Assessing an Incident / Patient

- How to conduct a scene survey
- Conducting a primary casualty survey
- When to call for help?
- Conducting a secondary casualty survey
- Top to toe checklist

Managing an unresponsive casualty (Breathing & Not)

- Assessing Consciousness
- Opening the airway & checking for normal breathing
- What is the Recovery Postiion?
- Managing a casualty in seizure
- Recognise when to start & learn CPR technique including AED use

You'll learn how to respond to emergencies

Understand safe use of AED's

- Learn the safety implications when using an AED
- Be able to advise others when it is safe to & appropriate to use an AED
- Basic operational risk assessment

Managing Bleeding & Shock

- Identify & control external bleeding
- Recognise 'medical shock' & how to treat appropriately
- Administering first aid for minor injuries, burns & scalds.

How to manage a choking casualty

- What is a partially blocked airway?
- What is a wholly blocked airway?
- How do you administer first aid to a choking casualty.

FACTFILE

RQF: **Yes**

Level: 3

Learning Credits: 3

Duration: Full Course 3 Days (18 hours) /

Requalification 2 Days (12 hours)

Entry Requirements: None

(Although to access the Requal' course, participants must be able to produce a current valid FAW Certificate or one that is no mare than 30 days expired).

Progression: Following successful completion of this FAW course, participants may progress to other associated qualifications, including specialist training in CPR & AED's, Principles & Practices of Infection Control, Paediatric First Aid as well as Safeguarding Children and Young People.



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The Secondary Survey

- Gaining a patient's history
- Conducting a top to toe survey for potentially hidden injuries

Bones, Muscles & Joints

- Recognise suspected; fractures, dislocations, sprains & strains
- Administer first aid for suspected; fractures, dislocations, sprains & strains

Head & Spinal Injuries

- Recognise suspected; concussion, skull fracture, cerebral compression & spinal injuries
- Administer first aid for suspected; concussion, skull fractures, cerebral compression & spinal injuries

Management of Illnesses & Injuries

Major Illnesses

Identify & casualties suffering heart attacks, strokes, epilepsy episodes, asthma attacks & diabetic emergencies.

Poisoning & Anaphylaxis

- Routes that poison enter the body & how to treat sudden cases.
- Triggers, identifying & giving immediate care for anaphylactic shock.

Chest Injuries, Burns & Eyes!

Identify & treat casualties with chest wounds, different types of burns as well as injuries to the eye (incl' dust, chemicals & embedded objects)

Assessment Process

This qualification is made up of the two learning areas already outlined. Assessments for each distinct study area will be based on the use of multi choice questions and trainer's observations throughout the duration of the course. All participants should be made aware that ongoing assessment of practical skills learnt is part of the qualification scoring structure. Records of observations are logged on the AoFAQ learner assessment answer sheet and observation matrix sheet.

We'll provide everything you need...

CPR Manikin "Resus Annie"

(minimum 1 for every 4 students to use)

Training Automated External Defibrillator

Triangular Bandage (Sling)

Training Bandages

We'll also give everyone their own First Aid guidebook, which compliments the course, and a CPR Face Shield to keep!

Who are the teachers?

At Arley Medical Services, all our training staff are active paramedics, ambulance staff or nurses. Rather than simply reading it out of a book, our trainers will share with you their first hand skills & experience.

They have all undertaken extra qualifications in teaching & learning, so are best placed to teach you everything you need to know to be a confident life saving first aider!

We have a stringent quality assurance regime & comply with AoFAQ occupational competence requirements. We believe this mix of real experience & understanding, as well as training skill is the perfect combination!



